



Physical Touch Consent Form

I, _____, acknowledge that I may receive gentle, non-invasive physical touch as part of my energy healing session with Amy Major or her authorized practitioners.

Touch may include placement of hands on or above the following areas:

☐ Shoulders ☐ Arms ☐ Feet ☐ Head ☐ Chakra/Energy Centers

I understand that:

- All touch will be respectful, appropriate, and for the purpose of energy work only.
- I may request "no touch" at any time without affecting the quality of my session.
- I may withdraw my consent at any point during the session.
- This is not a massage, chiropractic, or medical treatment.

☐ I give my informed consent to receive light physical touch during my session.

☐ I do not wish to receive any physical contact during my session.

Signature: _____ Date: _____